

CCHS PE and Sport Premium 2025-2026

Introduction

The PE and Sport Premium funding has been used throughout 2025–2026 to give pupils at CCHS opportunities to take part in a wider range of physical activities and develop their confidence, physical skills and wellbeing.

As a hospital school, our pupils have very different needs and circumstances. Some pupils may have physical or medical needs, while others may experience anxiety, sensory needs, neurodevelopmental differences or difficulties engaging with traditional team sports. The funding has therefore been used flexibly across our different sites, with a focus on providing activities that pupils can access and enjoy at their own level. We have also considered where funding would have the greatest impact, particularly for pupils who have longer stays with us. Where possible, activities have also supported wider targets within pupils' EHCPs and ILPs, including communication, confidence, independence, social interaction and emotional wellbeing.

Primary PE and Sport Expenditure – Impact

Activity	Cost	Impact
Sports Coaching	£7,575	Capital Kids Cricket continued to provide regular sports sessions across our hospital sites. The coaches have developed a good understanding of our pupils and the different needs of each setting. Sessions gave pupils regular opportunities to be physically active and to try a range of adapted sports and activities. For some pupils, this was an opportunity to take part in sport in a way that felt manageable and enjoyable. The sessions also supported communication, social interaction and targets within pupils' EHCPs and ILPs. Working with the coaches has also helped staff develop their confidence in delivering PE and physical activity within a hospital school environment.
Swimming	£3,199.68	Pupils at the Collingham Child and Family Centre continued to access weekly swimming sessions. The instructor adapted sessions to take account of individual communication, sensory and learning needs. Sessions included a mixture of structured teaching and free play, allowing pupils to develop water confidence and learn important water safety skills. For some pupils, these sessions provided their first experience of swimming lessons. Swimming has also been particularly valuable for pupils who benefit from sensory based activities and a calmer environment.

Climbing	£176	Climbing gave pupils the opportunity to try something different from traditional team sports. This was particularly useful for pupils with neurodevelopmental needs who can find the social demands of team sports difficult. Pupils were able to work at their own pace, develop physical skills and experience success without the pressure of competing against others.
Boxing	£500	Boxing sessions provided another way for pupils to become physically active. Sessions helped pupils develop confidence, learn about cardio fitness and experience the benefits of structured physical activity in a supportive environment.
Horse Riding	£3,376	Horse riding provided pupils with another alternative to traditional sports. Sessions supported physical activity, confidence and wellbeing and gave pupils the opportunity to develop skills in a calm and individualised environment. This was particularly appropriate for pupils who can find busy or competitive sports environments challenging.

What difference has the funding made?

The funding has allowed CCHS to offer pupils a much broader range of physical activity than would otherwise be possible. This is particularly important within our setting because pupils arrive at CCHS with very different experiences of PE and sport. Some have previously struggled to access mainstream PE or have developed negative experiences of physical activity.

Providing different opportunities has allowed pupils to find activities that suit their interests, needs and confidence levels. The impact has therefore been wider than simply increasing physical activity. The activities have supported:

- Confidence and self-esteem
- Physical fitness and coordination
- Communication and social interaction
- Emotional wellbeing
- Sensory regulation
- Independence
- Water confidence and safety
- Engagement with new experiences
- Progress towards individual EHCP and ILP targets.

The continued involvement of external coaches has also helped staff build their confidence and understanding of how physical activity can be adapted for pupils with additional and medical needs.

Swimming and Water Safety

The national curriculum requirements for swimming and water safety do not apply to CCHS in the same way as they would in a mainstream primary school because of the nature of our setting and the medical needs of our pupils. However, we believe that swimming is an important life skill and can contribute to pupils' safety, confidence, health and wellbeing. We have therefore continued to provide swimming opportunities for longer term pupils at the Collingham Child and Family Centre. Sessions are adapted according to each pupil's starting point, including their level of water confidence, communication needs, sensory needs and physical or medical considerations. For some pupils, simply becoming comfortable in the water is an important achievement. For others, the programme provides an opportunity to develop swimming skills and understand basic water safety.

Conclusion

The PE and Sport Premium has enabled CCHS to provide a varied and personalised programme of physical activity across the year. The main impact has been in giving pupils more opportunities to be active in ways that work for them. By offering a range of activities, we have been able to engage pupils who may otherwise find PE difficult to access. The funding has also supported wider aspects of pupils' development, particularly confidence, wellbeing, communication and independence.

Going forward, we will continue to review the needs of pupils across our different sites and use funding flexibly to provide activities that are accessible, purposeful and enjoyable for the pupils we teach.